KS3 Year 9 CURRICULUM OVERVIEW

SUBJECT: BIG PICTURE

	TOPICS BEING TAUGHT	WHAT YOU WILL DISCUSS	HOW YOU CAN SUPPORT AT HOME
AUTUMN TERM & SPRING 1	**PSHE AND RSE EDUCATION** Self-Concept. Mental health and emotional wellbeing. Healthy Lifestyles. Drugs, alcohol and tobacco. Managing risk and personal safety. Sexual health. Positive and respectful relationships. Consent. Bullying, abuse and discrimination. Social Influence and media literacy.	Consent, relationships, peer pressure, domestic violence, child sexual exploitation. The importance of similarities, differences and diversity. Manging personal risk including online. Sexual health information including contraception and STIs. The influence of the media on young people including AI and deepfakes. Emotional wellbeing, how to manage anxiety and stress.	Discover these topics at home. Be accurate, non-biased and balanced. Use reliable sources e.g. Childline, NHS and Public Health England websites. Enable your child to reflect on PSHE and RSE themes to develop their own thoughts and ideas. Provide positive messages and support.
SPRING TERM	**CAREERS & WELLBEING EDUCATION** Career planning, developing self-awareness, career exploration and career management skills. Preparation for the world of work. Labour Market Information. Choices and pathways. Employment rights and responsibilities. Financial choices and economic wellbeing. Digital resilience.	Develop your career planning skills – research pathways, careers and opportunities (including Apprenticeships and T Levels). Making GCSE option choices. Explore career sectors and the world of work in the future. Skills Builder and the importance of developing employability skills for the world of work. Explore a range of careers related websites.	Offer advice and support with education and career decisions. Discuss topics covered at school. Support your child's research and career planning utilising websites suggested by HGS. Support your child to develop transferable and employability skills.
SUMMER TERM	**CITIZENSHIP AND BRITISH VALUES EDUCATION** Knowledge, confidence and skills to make own decisions and take responsibility. Being a local, national and global citizen. Awareness of political, legal and economic functions of society. Making positive contributions. Understanding rights and responsibilities. Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance.	Importance of being an active citizen. British Values and community cohesion. Tolerance, respect, prejudice and racism. Media influences. Anti-social behaviour and the criminal justice system. Wellbeing and understanding local healthcare systems. First Aid Skills.	Discuss local, national and global events. Encourage students to read news articles and watch the news. Vote in elections. Reflect modern day society and actively seek to address or challenge stereotypes.

HARROGATE GRAMMAR SCHOOL
EXCELLENCE FOR ALL