KS3 Year 7 CURRICULUM OVERVIEW

TOPICS BEING TAUGHT

WHAT YOU WILL DISCUSS

HOW YOU CAN SUPPORT AT HOME

Discover these topics at home.

Be accurate, non-biased and balanced.

Use reliable sources e.g. Childline, NHS and

Public Health England websites.

Enable your child to reflect on PSHE and RSE

themes to develop their own thoughts and

ideas.

PSHE AND RSE EDUCATION

Positive and respectful relationships. Consent.

Social Influence and media literacy. Bullying, abuse and discrimination. Self-Concept.

Mental health and emotional wellbeing. Health related decisions including puberty. Managing risk and personal safety.

Transition from Year 6 to 7. Characteristics of positive and healthy friendships and relationships including bullying.

Internet safety, influence of social media and how to stay safe online.

Emotional wellbeing and mental health. Managing our behaviour and emotions. Developing strategies to build self-esteem and

confidence.

Provide positive messages and support.

















CAREERS & WELLBEING EDUCATION

Developing career planning, career exploration and career management skills. Preparation for the world of work. Labour Market Information. Choices and pathways. Financial choices and economic wellbeing. Digital resilience.

pathways, careers and opportunities. Explore new industries and future careers. Use Skills Builder to develop employability

Explore a range of careers related websites.

EDUCATION

decisions.

Understanding rights and responsibilities. law, individual liberty, mutual respect and tolerance.

British Values, prejudice, discrimination, stereotypes and equality. Democracy and how do elections work. Anti-social behaviour and the criminal justice

First Aid skills.

Importance of being an active citizen.

system.

Discuss local, national and global events. Encourage students to read news articles and watch the news.

Vote in elections.

Reflect modern day society and actively seek to address or challenge stereotypes.





Develop your career planning skills – research

Offer advice and support with education and career decisions. Discuss topics covered at school.

Support your child's research and career planning utilising websites suggested by HGS. Support your child to develop transferable and employability skills.



Knowledge, confidence and skills to make own

Take responsibility for own lives and communities.

Being a local, national and global citizen. Awareness of political, legal and economic functions of society.

Appreciate British Values: democracy, rule of