KS3 YEAR 8 CURRICULUM OVERVIEW

TOPICS BEING TAUGHT

PSHE AND RSE EDUCATION

Self-Concept.

Mental health and emotional wellbeing. Healthy Lifestyles.

Drugs, alcohol and tobacco. Managing risk and personal safety.

Positive and respectful relationships. Consent.

Bullying, abuse and discrimination. Social Influence and media literacy.



Developing a growth mindset, emotional literacy and positive mental health.

Respectful relationships, personal values and consent.

Risky behaviour including facts and risks associated with alcohol, drugs, energy drinks, smoking and vaping.

Criminal exploitation including county lines, drug operations and the law. Healthy lifestyles and personal safety.

HOW YOU CAN SUPPORT AT HOME

Discover these topics at home. Be accurate, non-biased and balanced. Use reliable sources e.g. Childline, NHS and Public Health England websites. Enable your child to reflect on PSHE and RSE

themes to develop their own thoughts and ideas.

Provide positive messages and support.

career decisions.

Discuss topics covered at school.

Support your child's research and career

planning utilising websites suggested by HGS.

Support your child to develop transferable and

employability skills.

















CAREERS & WELLBEING EDUCATION

Career planning, developing self-awareness, career exploration and career management skills.

Preparation for the world of work. Labour market information. Choices and pathways. Employment rights and responsibilities. Financial choices and economic wellbeing.

Develop career planning skills. Exploring pathways e.g. GCSE, Post 16, Post 18 and volunteering.

Develop employability and oracy skills using Skills Builder.

resilience and aspirations.

Explore a range of careers related websites to develop Labour Market Information

Developing financial awareness knowledge.

Offer advice and support with education and

Skills of an entrepreneur and importance of

knowledge and awareness.

CITIZENSHIP AND BRITISH VALUES

Digital resilience.

EDUCATION Knowledge, confidence and skills to make own decisions.

Take responsibility for own lives and communities.

Being a local, national and global citizen. Awareness of political, legal and economic functions of society.

Understand rights and responsibilities. Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance.

community.

Rights and responsibilities as you grow up and establish your identity.

Discrimination and stereotyping. Understanding the law and consequences. Disabilities, equality, respect and everyone is unique.

First Aid Skills.

Importance of being an active citizen in your

Discuss local, national and global events. Encourage students to read news articles and watch the news.

Vote in elections.

Reflect modern day society and actively seek to address or challenge stereotypes.





