

## Eco-Schools Survey Questions July 2020

# Eco-Schools Survey

Please answer all questions to help inform the action plans for our Waste and Healthy Lifestyles projects.

1. Are you a student or member of staff? \*

- Student
- Staff

2. Which statement best describes your attitudes towards reusable water bottles? \*

- I own one and use it regularly.
- I own one but don't use it regularly.
- I don't own one but I am open to the idea of using one.
- I don't own one and I'm not open to the idea of using one.

3. How many single use plastic water bottles did you typically buy per week in school? \*

- 0
- 1-2
- 3-4
- 5 or more

4. If you bought single use plastic water bottles in school, how many times did you typically refill them? \*

- I didn't buy single use plastic water bottles in school.
- I'd refill my bottle once and then throw it away.
- I'd refill my bottle several times and then throw it away.
- I'd refill my bottle many times and then throw it away.
- I didn't refill plastic bottles, I threw them away.

5. What was your main reason for not bringing a reusable water bottle to school. \*

- I DID bring a refillable water bottle to school.
- I didn't have a refillable water bottle.
- I had a refillable water bottle but often forgot to bring it.
- I found it easier and more convenient to buy water bottles at school.
- There weren't enough places to fill up a water bottle in school.
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6. Were you happy with the amount of water you drank in school each day? \*

- Yes
- No, I'd like to drink more
- I don't often drink water.

7. Where did you usually refill a water bottle? Tick all that apply. \*

- Hub
- PE block
- Sustain
- Sixth Form
- Taps in toilets
- I only usually fill my water bottle at home.
- I don't refill water bottles.
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8. What cold drink did you most often drink at school? Select one. \*

- Water
- Flavoured water
- Radnor
- Flavoured milk
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9. What did you usually do for lunch in school. \*

- I brought my own lunch from home.
- I bought a hot meal in school.
- I bought cold food in school e.g. sandwiches,
- Other

10. Would you be willing to substitute a meat option for a vegetarian option once a week? \*

- I am a vegetarian/vegan
- Definitely
- Possibly
- Unlikely
- No
- I don't buy food in school

11. Of the following, which do you think would be likely effects of 'Meat free Mondays'? Select all that apply. \*

- A reduction in CO2 emissions
- Health benefits
- Greater variety in diet
- Reduction in food miles
- Increased awareness of the link between healthy living and the environment

12. Would you be more likely to eat vegetarian options if there was a wider range of choices? \*

- I already eat vegetarian/vegan options
- Definitely
- Possibly
- Unlikely
- No

13. How important is healthy eating to you? \*

- Extremely important
- Important
- Not very important
- Not at all important

14. Did you purchase fruit at school? \*

- No, but I brought fruit from home
- Frequently - once a day
- Sometimes - 2-4 times a week
- Occasionally - once a week
- Never

15. Would you be likely to buy more fruit if there were a greater range of options? \*

- Yes
- No
- Maybe
- Other

16. If you could add one more fruit option, what would that be? \*

17. In a typical school meal, what is your view on the amount of vegetables served? \*

- Just the right amount
- Too many
- Not enough
- I don't eat hot meals at school

18. What is your favourite vegetable? \*