



HARROGATE
GRAMMAR SCHOOL
EXCELLENCE FOR ALL

16 September 2021

Dear Parent/Carer

RSE Information Letter

You will be aware that, as part of your child's education, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Relationships Education (PSHRE). We aim to give all our students the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives both now and the future. This is delivered through our Big Picture personal development programme and we are writing to let you know that your child will be taking part in lessons this term which will focus on both PSHE (Personal, Social and Health Education) and Relationships and Sex Education (RSE) topics.

Lessons will be appropriate to the age and year group of the students and will include topics such as:

- positive relationships
- health and wellbeing
- family life
- forming and maintaining relationships
- consent
- contraception and sexual health
- living in the wider world
- peer pressure
- bullying and abuse
- managing conflict
- sexual orientation and gender identity
- staying safe online

Big Picture lessons are delivered in Years 7-11 and are monitored and reviewed regularly. For more detail about our PSHRE curriculum offer, please visit:

<https://www.harrogategrammar.co.uk/school/faculties/careers/careers-personal-development/>

All teaching in PSHRE takes place in a safe learning environment and is underpinned by our school's values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

We have always provided a personal development programme for our students. However, from Summer 2021 all secondary school children must be taught Relationships, Sex and Health education. We have therefore attached a guide for parents provided by the Department for Education, which includes further information about the new RSE curriculum and your rights as a parent:

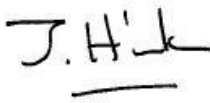
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907640/RSE_secondary_schools_guide_for_parents.pdf

We would also like to invite you to read our Relationships and Sex Education policy to find out more about what your child will learn and to discover how you can best support your child to discuss these topics at home. A link to the policy is below:

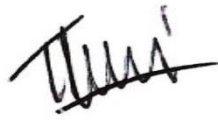
https://www.harrogategrammar.co.uk/content/uploads/2020/12/Policy_RSE-2020.pdf

Relationships and sex education is part of all students' education and it is hoped that all will participate. The school however acknowledges that, under the DFE Sex and Relationship Guidance for 2020, parents have the right to withdraw their children from the non-statutory components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this teaching in one of those three terms (unless there are exceptional circumstances). Requests for withdrawal should be put in writing using the form found in Appendix 3 of the school policy and addressed to the Headteacher and Personal Development Coordinator. If you require a hard copy of the form, please contact the school.

Your sincerely



Mrs J Hinkins
Personal Development Coordinator
and Careers Leader



Mr T Milburn
Deputy Headteacher