

Introduction to Career

Planning - Year 7

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Independent and impartial Careers Adviser Professional member of Career Development Institute.

Focus in Year 7

- Introduce “ Career planning”
- Learn new terminology
- Raise awareness of the support and resources available in school to help you



Self Awareness, Self Determination,
Self Improvement

Year 7 Careers Programme

- Careers Education part of “ Big Picture ” Personal Development Programme and Guidance lessons
- Researching websites, using careers guidance programmes alongside other development activities
- Activities in your subjects

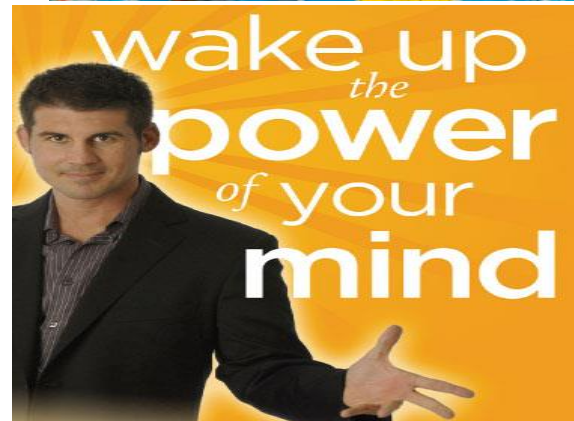
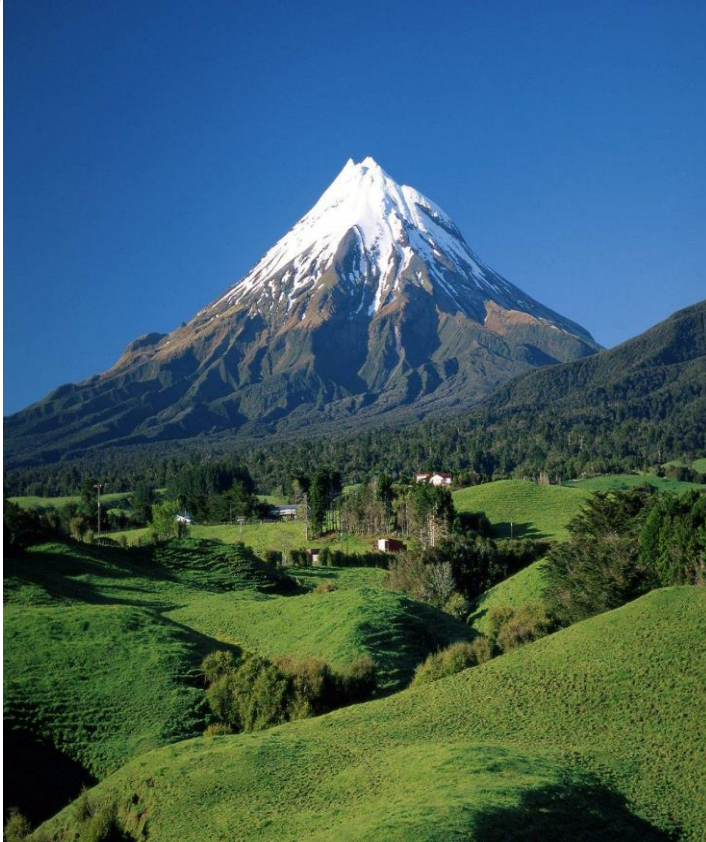
Gathering INFORMATION and taking ADVICE

Job or Career ?

Job is the role you do, your responsibilities, daily activities, work environment, industry or sector where you are employed

Career is the journey of your working life, the direction and path you take. You use career planning skills to direct this, respond to life changes, learn and develop through new experiences and gain qualifications as you go.

What does this person do ?



Job and Career

Completed A levels in a school 6th form, had a gap year involving travel, casual employment and **Teaching English** in other counties, attended University then qualified as **Geography Teacher**. Worked on casual supply contracts for winter 6 months, summer as an **Explorer**, had lots of adventures. Became **self-employed** as a guest **motivational speaker** going into businesses and 6th forms discussing skills and qualities such as goal setting, resilience, flexibility, motivation, determination to succeed.

Recent Year 13 story

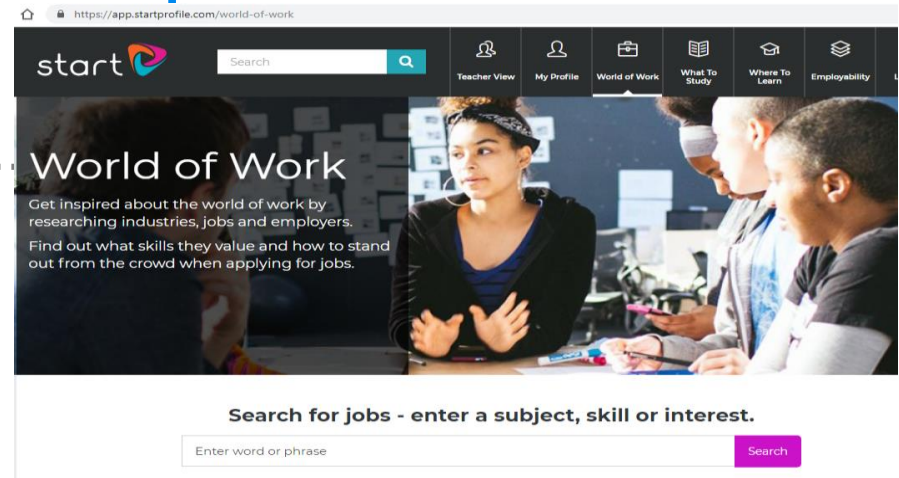
- Taking combination of A levels, and BTec Sport achieving really good grades, enjoying subjects, very motivated
- Interested in joining the Armed Forces as Paratrooper at Officer level
- Wants to work for a year in France – Ski Season, then Mountain Biking over the summer
- Wants to go to University in UK to study a Degree possibly in Sport Science, but also interested in History,
- May consider competing at a high level in Mountain Biking

Will be doing lots of different jobs, needs to research, and a career plan to successfully achieve his aims

Ways to explore how career ideas develop

In HGS you will be learning

- Different types of work / businesses
- Styles of employment
- Work cultures/diversity/environments
- Employment laws
- Future trends and opportunities
- Gaining insight into career areas



<https://app.startprofile.com/world-of-work>



Ways to explore how career ideas develop

Careers information, advice and guidance:

- Recognising your own skills and qualities
- Considering your interests
- Any particular strengths or talents
- Own preferences and motivation
- Favourite subjects
- Future study ideas or aspirations



Ways to explore how career ideas develop

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Careers Media and Links

Below are some useful website links on various topics.

Harrogate Grammar School subscribe to ECLIPS a comprehensive careers information programme, and UNIFROG to help with choices for progression, both available for use online. Each student has login details for these platforms.

Information about careers
An excellent range of job and employment sector profiles

- [National Careers Service](#)

Careers and Personal Development faculty

- Personal Development – The Big Picture >
- Careers Fair >
- Independent Careers Advice >
- Careers Presentations >
- Careers Media and Links >

Information in Careers section of Learning Resource Centre



Explore further at home..

Ask your parents or family members:

What job do they do ?

Ask them to describe their day....

What career path or journey did they take to get to where they are now ?

Qualifications taken, where worked, skills developed, experiences gained.



Support available in school

Outlined in Year 7 Introductory Newsletter are some resources you can use

Speak to Form Tutors, Teachers, family, other students & Careers Team

Wednesday Lunchtimes in Careers Room, Learning Resource Centre, no appointment necessary.



Career Guidance

drop in